

# SUPPORTIVE LIVING

## Residential Facilities

- Individual Controlled Heat and Air Conditioning
- Ensuite three piece accessible bathroom and window coverings
- Emergency Generator adding Back Up Power and Lighting
- 24 hour Bistro and Central Dining Room with adjoining Private Dining Room
- Fireside Lounge, Library and Pub
- Fitness Centre, Social Lounge areas and Chapel, Resident Spa & Salon
- HD Cinema and Live Arts Theatre
- Landscaped Grounds, Flowerbeds, Outdoor Water Garden, Terraces and Walking Path
- Available Resident Outdoor Parking for Licensed and Insured Vehicles

## Care Services

- Access To Health Care Professionals 24 hrs/day
- Medical Supervision and Consultation with On-Staff Nurses
- Medication Administration and Delivery to Suite
- Assistance with activities of daily living (up to one hour one-on-one care daily)
- Daily Bed-Making & Bathroom Freshening
- Weekly Personal Laundry including Laundering of Bed Linens, Pillowcases and Towels (2 loads/week)
- Twice Weekly Bathing Assistance
- Nightly Wellness Checks
- Advanced Emergency Response System in Resident Suites, CCTV Security Surveillance
- Social and Activation Programs tailored to the interests and needs of residents
- Transportation to Shopping and Scheduled Outings
- Additional fee for care services available as determined by The Wellness Department

## Meals

- 3 Meals per day, 7 days per week served in the Dining Room
- Self-serve Refreshments in the Bistros 7 days per week
- Therapeutic Diets along with Special Occasion and Celebratory Menus